De La Salle Cafeteria 2019

Monday		Breakfast and Break
Spartan Starter	\$3.00	Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos
Fresh Fruit	\$3.00	Fresh Fruit Cups
Breakfast Sandwich		Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown
Breakfast Sandwich	\$3.25	Egg, Bacon & Cheese Bagel
Hot		Hot Oatmeal with Brown Sugar
Baked Goods		Freshly Baked Coffee Cake and Home Made Muffins
Cold Cereal	•	Assorted Cold Cereals
Yogurt Parfait		Yogurt Parfaits with Fresh Fruit and Organic Granola
Spartan Starter	\$3.25	Pancakes and French Toast with Syrup and Whipping Cream
		Lunch
It's a Wrap		Chicken Caesar Warp with Fresh Fruit and Chips
Spartan's Table	\$ 5.00	
Nana's Pasta		Pasta Bolognese with Garlic Bread
Grill It		Grilled Chicken & Cheese on a French Roll with Fries
Nana's Pizza		Cheese and Pepperoni Pizza
Toss It		Chicken Caesar Salad with Homemade Croutons and Dressing
Soup	\$3.00	Fac Colod 9 Colomi 9 Change Conditionage on Whole Wheet
Single Sandwich		Egg Salad & Salami & Cheese Sandwiches on Whole Wheat
Treats	1.50/2.00	
Tuesday	# 0.00	Breakfast and Break
Spartan Starter		Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos
Fresh Fruit		Fresh Fruit Cups
Breakfast Sandwich		Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown
Breakfast Sandwich Hot	•	Egg, Bacon & Cheese Bagel
Baked Goods		Hot Oatmeal with Brown Sugar
Cold Cereal		Freshly Baked Coffee Cake and Home Made Muffins Assorted Cold Cereals
Yogurt Parfait	•	Yogurt Parfaits with Fresh Fruit and Organic Granola
Spartan Starter		Pancakes and French Toast with Syrup and Whipping Cream
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It's a Wrap	\$ 5.00	Chicken Cobb Wrap with Fresh Fruit and Chips
Nana's Pasta	•	Pasta Alfredo with Chicken and Garlic Bread
Grill It		Smash Burgers with Cheese and French Fries
Spartan's Table	\$ 5.00	•
Nana's Pizza	\$ 4.00	Cheese and Pepperoni Pizza
Toss It	\$ 5.00	Chicken Caesar Salad with Homemade Croutons and Dressing
Soup	\$3.00	
Single Sandwich	\$3.00	Egg Salad & Salami & Cheese Sandwiches on Whole Wheat
Treats	1.50/2.00	
Wednesday		Breakfast and Break
Spartan Starter	\$3.00	Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos
Fresh Fruit	\$3.00	Fresh Fruit Cups
Breakfast Sandwich	\$3.75	Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown
Breakfast Sandwich		Egg, Bacon & Cheese Bagel
Hot	\$2.00	Hot Oatmeal with Brown Sugar
Baked Goods	\$2.00	Freshly Baked Coffee Cake and Home Made Muffins
Cold Cereal	\$1.50	Assorted Cold Cereals
Yogurt Parfait	\$3.00	Yogurt Parfaits with Fresh Fruit and Organic Granola
Spartan Starter	\$3.25	Pancakes and French Toast with Syrup and Whipping Cream

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It's a Wrap	\$ 5.00	Peanut Butter and Jelly on Whole Wheat with Fresh Fruit and Chips
Grill It	\$ 5.00	Cheese or Chicken Quesidillas with Freshly Made Chips
Spartan's Table	\$ 5.00	3 Taquitos with Spanish Rice and Whole Beans
Spartan's Table	\$ 5.00	
Nana's Pizza		Cheese and Pepperoni Pizza
Toss It		Taco Salad with Beans, Cheese, Chicken, Green Onions, Tomatoes, Sour Cream and Salsa
Soup	\$ 3.00	
Single Sandwich	\$3.00	Egg Salad & Salami & Cheese Sandwiches on Whole Wheat
Treats	1.50/2.00	
Thursday		Breakfast and Break
Spartan Starter	\$3.00	Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos
Fresh Fruit	\$3.00	Fresh Fruit Cups
Breakfast Sandwich	\$3.75	Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown
Breakfast Sandwich	\$3.25	Egg, Bacon & Cheese Bagel
Hot	\$2.00	Hot Oatmeal with Brown Sugar
Baked Goods	\$2.00	Freshly Baked Coffee Cake and Home Made Muffins
Cold Cereal	\$1.50	Assorted Cold Cereals
Yogurt Parfait	\$3.00	Yogurt Parfaits with Fresh Fruit and Organic Granola
Spartan Starter		Pancakes and French Toast with Syrup and Whipping Cream
		Lunch
It's a Wrap	\$ 5.00	Chicken Caesar Wrap with Fresh Fruit and Chips
Nana's Pasta		Pasta Pomodoro with Chicken and Garlic Bread
Grill It	\$ 6.00	All Beef Jumbo Hotdogs with French Fries
Spartan's Table	\$ 5.00	
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Nana's Pizza	\$ 400	Cheese and Penneroni Pizza
Nana's Pizza		Cheese and Pepperoni Pizza Chicken Caesar Salad with Homemade Croutons and Dressing
Toss It	\$ 5.00	Cheese and Pepperoni Pizza Chicken Caesar Salad with Homemade Croutons and Dressing
Toss It Soup	\$ 5.00 \$ 3.00	Chicken Caesar Salad with Homemade Croutons and Dressing
Toss It Soup Single Sandwich	\$ 5.00 \$ 3.00 \$3.00	Chicken Caesar Salad with Homemade Croutons and Dressing Egg Salad & Salami & Cheese Sandwiches on Whole Wheat
Toss It Soup Single Sandwich Treats	\$ 5.00 \$ 3.00	Chicken Caesar Salad with Homemade Croutons and Dressing Egg Salad & Salami & Cheese Sandwiches on Whole Wheat
Toss It Soup Single Sandwich Treats Friday	\$ 5.00 \$ 3.00 \$3.00 1.50/2.00	Chicken Caesar Salad with Homemade Croutons and Dressing Egg Salad & Salami & Cheese Sandwiches on Whole Wheat Breakfast and Break
Toss It Soup Single Sandwich Treats Friday Spartan Starter	\$ 5.00 \$ 3.00 \$3.00 1.50/2.00	Chicken Caesar Salad with Homemade Croutons and Dressing Egg Salad & Salami & Cheese Sandwiches on Whole Wheat Breakfast and Break Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos
Toss It Soup Single Sandwich Treats Friday Spartan Starter Fresh Fruit	\$ 5.00 \$ 3.00 \$3.00 1.50/2.00 \$3.00 \$3.00	Chicken Caesar Salad with Homemade Croutons and Dressing Egg Salad & Salami & Cheese Sandwiches on Whole Wheat Breakfast and Break Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos Fresh Fruit Cups
Toss It Soup Single Sandwich Treats Friday Spartan Starter Fresh Fruit Breakfast Sandwich	\$ 5.00 \$ 3.00 \$3.00 1.50/2.00 \$3.00 \$3.75	Chicken Caesar Salad with Homemade Croutons and Dressing Egg Salad & Salami & Cheese Sandwiches on Whole Wheat Breakfast and Break Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos Fresh Fruit Cups Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown
Toss It Soup Single Sandwich Treats Friday Spartan Starter Fresh Fruit Breakfast Sandwich Breakfast Sandwich	\$ 5.00 \$ 3.00 \$3.00 \$1.50/2.00 \$3.00 \$3.75 \$3.25	Chicken Caesar Salad with Homemade Croutons and Dressing Egg Salad & Salami & Cheese Sandwiches on Whole Wheat Breakfast and Break Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos Fresh Fruit Cups Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown Egg, Bacon & Cheese Bagel
Toss It Soup Single Sandwich Treats Friday Spartan Starter Fresh Fruit Breakfast Sandwich Breakfast Sandwich Hot	\$ 5.00 \$ 3.00 \$3.00 1.50/2.00 \$3.00 \$3.75 \$3.25 \$2.00	Chicken Caesar Salad with Homemade Croutons and Dressing Egg Salad & Salami & Cheese Sandwiches on Whole Wheat Breakfast and Break Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos Fresh Fruit Cups Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown Egg, Bacon & Cheese Bagel Hot Oatmeal with Brown Sugar
Toss It Soup Single Sandwich Treats Friday Spartan Starter Fresh Fruit Breakfast Sandwich Breakfast Sandwich Hot Baked Goods	\$ 5.00 \$ 3.00 \$3.00 1.50/2.00 \$3.00 \$3.75 \$3.25 \$2.00 \$2.00	Chicken Caesar Salad with Homemade Croutons and Dressing Egg Salad & Salami & Cheese Sandwiches on Whole Wheat Breakfast and Break Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos Fresh Fruit Cups Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown Egg, Bacon & Cheese Bagel Hot Oatmeal with Brown Sugar Freshly Baked Coffee Cake and Home Made Muffins
Toss It Soup Single Sandwich Treats Friday Spartan Starter Fresh Fruit Breakfast Sandwich Breakfast Sandwich Hot Baked Goods Cold Cereal	\$ 5.00 \$ 3.00 \$3.00 1.50/2.00 \$3.00 \$3.75 \$3.25 \$2.00 \$2.00 \$1.50	Chicken Caesar Salad with Homemade Croutons and Dressing Egg Salad & Salami & Cheese Sandwiches on Whole Wheat Breakfast and Break Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos Fresh Fruit Cups Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown Egg, Bacon & Cheese Bagel Hot Oatmeal with Brown Sugar Freshly Baked Coffee Cake and Home Made Muffins Assorted Cold Cereals
Toss It Soup Single Sandwich Treats Friday Spartan Starter Fresh Fruit Breakfast Sandwich Breakfast Sandwich Hot Baked Goods Cold Cereal Yogurt Parfait	\$ 5.00 \$ 3.00 \$3.00 1.50/2.00 \$3.00 \$3.75 \$3.25 \$2.00 \$2.00 \$1.50 \$3.00	Chicken Caesar Salad with Homemade Croutons and Dressing Egg Salad & Salami & Cheese Sandwiches on Whole Wheat Breakfast and Break Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos Fresh Fruit Cups Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown Egg, Bacon & Cheese Bagel Hot Oatmeal with Brown Sugar Freshly Baked Coffee Cake and Home Made Muffins Assorted Cold Cereals Yogurt Parfaits with Fresh Fruit and Organic Granola
Toss It Soup Single Sandwich Treats Friday Spartan Starter Fresh Fruit Breakfast Sandwich Breakfast Sandwich Hot Baked Goods Cold Cereal	\$ 5.00 \$ 3.00 \$3.00 1.50/2.00 \$3.00 \$3.75 \$3.25 \$2.00 \$2.00 \$1.50 \$3.00	Chicken Caesar Salad with Homemade Croutons and Dressing Egg Salad & Salami & Cheese Sandwiches on Whole Wheat Breakfast and Break Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos Fresh Fruit Cups Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown Egg, Bacon & Cheese Bagel Hot Oatmeal with Brown Sugar Freshly Baked Coffee Cake and Home Made Muffins Assorted Cold Cereals Yogurt Parfaits with Fresh Fruit and Organic Granola Pancakes and French Toast with Syrup and Whipping Cream
Toss It Soup Single Sandwich Treats Friday Spartan Starter Fresh Fruit Breakfast Sandwich Breakfast Sandwich Hot Baked Goods Cold Cereal Yogurt Parfait Spartan Starter	\$ 5.00 \$ 3.00 \$3.00 1.50/2.00 \$3.00 \$3.75 \$3.25 \$2.00 \$2.00 \$1.50 \$3.00 \$3.25	Chicken Caesar Salad with Homemade Croutons and Dressing Egg Salad & Salami & Cheese Sandwiches on Whole Wheat Breakfast and Break Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos Fresh Fruit Cups Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown Egg, Bacon & Cheese Bagel Hot Oatmeal with Brown Sugar Freshly Baked Coffee Cake and Home Made Muffins Assorted Cold Cereals Yogurt Parfaits with Fresh Fruit and Organic Granola
Toss It Soup Single Sandwich Treats Friday Spartan Starter Fresh Fruit Breakfast Sandwich Breakfast Sandwich Hot Baked Goods Cold Cereal Yogurt Parfait Spartan Starter It's a Wrap	\$ 5.00 \$ 3.00 \$3.00 1.50/2.00 \$3.00 \$3.75 \$3.25 \$2.00 \$1.50 \$3.00 \$3.25 \$2.00 \$1.50 \$3.25	Chicken Caesar Salad with Homemade Croutons and Dressing Egg Salad & Salami & Cheese Sandwiches on Whole Wheat Breakfast and Break Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos Fresh Fruit Cups Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown Egg, Bacon & Cheese Bagel Hot Oatmeal with Brown Sugar Freshly Baked Coffee Cake and Home Made Muffins Assorted Cold Cereals Yogurt Parfaits with Fresh Fruit and Organic Granola Pancakes and French Toast with Syrup and Whipping Cream
Toss It Soup Single Sandwich Treats Friday Spartan Starter Fresh Fruit Breakfast Sandwich Breakfast Sandwich Hot Baked Goods Cold Cereal Yogurt Parfait Spartan Starter It's a Wrap Grill It	\$ 5.00 \$ 3.00 \$3.00 1.50/2.00 \$3.00 \$3.75 \$3.25 \$2.00 \$1.50 \$3.00 \$3.25 \$5.00 \$5.00	Chicken Caesar Salad with Homemade Croutons and Dressing Egg Salad & Salami & Cheese Sandwiches on Whole Wheat Breakfast and Break Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos Fresh Fruit Cups Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown Egg, Bacon & Cheese Bagel Hot Oatmeal with Brown Sugar Freshly Baked Coffee Cake and Home Made Muffins Assorted Cold Cereals Yogurt Parfaits with Fresh Fruit and Organic Granola Pancakes and French Toast with Syrup and Whipping Cream
Toss It Soup Single Sandwich Treats Friday Spartan Starter Fresh Fruit Breakfast Sandwich Hot Baked Goods Cold Cereal Yogurt Parfait Spartan Starter It's a Wrap Grill It Nana's Pasta	\$ 5.00 \$ 3.00 \$3.00 \$3.00 \$3.00 \$3.75 \$3.25 \$2.00 \$2.00 \$1.50 \$3.25 \$5.00 \$5.00	Chicken Caesar Salad with Homemade Croutons and Dressing Egg Salad & Salami & Cheese Sandwiches on Whole Wheat Breakfast and Break Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos Fresh Fruit Cups Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown Egg, Bacon & Cheese Bagel Hot Oatmeal with Brown Sugar Freshly Baked Coffee Cake and Home Made Muffins Assorted Cold Cereals Yogurt Parfaits with Fresh Fruit and Organic Granola Pancakes and French Toast with Syrup and Whipping Cream Lunch
Toss It Soup Single Sandwich Treats Friday Spartan Starter Fresh Fruit Breakfast Sandwich Hot Baked Goods Cold Cereal Yogurt Parfait Spartan Starter It's a Wrap Grill It Nana's Pasta Spartan's Table	\$ 5.00 \$ 3.00 \$3.00 1.50/2.00 \$3.00 \$3.75 \$3.25 \$2.00 \$1.50 \$3.00 \$3.25 \$5.00 \$5.00 \$5.00	Chicken Caesar Salad with Homemade Croutons and Dressing Egg Salad & Salami & Cheese Sandwiches on Whole Wheat Breakfast and Break Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos Fresh Fruit Cups Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown Egg, Bacon & Cheese Bagel Hot Oatmeal with Brown Sugar Freshly Baked Coffee Cake and Home Made Muffins Assorted Cold Cereals Yogurt Parfaits with Fresh Fruit and Organic Granola Pancakes and French Toast with Syrup and Whipping Cream
Toss It Soup Single Sandwich Treats Friday Spartan Starter Fresh Fruit Breakfast Sandwich Hot Baked Goods Cold Cereal Yogurt Parfait Spartan Starter It's a Wrap Grill It Nana's Pasta Spartan's Table Nana's Pizza	\$ 5.00 \$ 3.00 \$3.00 1.50/2.00 \$3.00 \$3.75 \$3.25 \$2.00 \$1.50 \$3.00 \$3.25 \$5.00 \$5.00 \$5.00 \$5.00 \$4.00	Chicken Caesar Salad with Homemade Croutons and Dressing Egg Salad & Salami & Cheese Sandwiches on Whole Wheat Breakfast and Break Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos Fresh Fruit Cups Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown Egg, Bacon & Cheese Bagel Hot Oatmeal with Brown Sugar Freshly Baked Coffee Cake and Home Made Muffins Assorted Cold Cereals Yogurt Parfaits with Fresh Fruit and Organic Granola Pancakes and French Toast with Syrup and Whipping Cream Lunch
Toss It Soup Single Sandwich Treats Friday Spartan Starter Fresh Fruit Breakfast Sandwich Hot Baked Goods Cold Cereal Yogurt Parfait Spartan Starter It's a Wrap Grill It Nana's Pasta Spartan's Table	\$ 5.00 \$ 3.00 \$3.00 1.50/2.00 \$3.00 \$3.75 \$3.25 \$2.00 \$1.50 \$3.00 \$3.25 \$5.00 \$5.00 \$5.00	Chicken Caesar Salad with Homemade Croutons and Dressing Egg Salad & Salami & Cheese Sandwiches on Whole Wheat Breakfast and Break Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos Fresh Fruit Cups Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown Egg, Bacon & Cheese Bagel Hot Oatmeal with Brown Sugar Freshly Baked Coffee Cake and Home Made Muffins Assorted Cold Cereals Yogurt Parfaits with Fresh Fruit and Organic Granola Pancakes and French Toast with Syrup and Whipping Cream Lunch