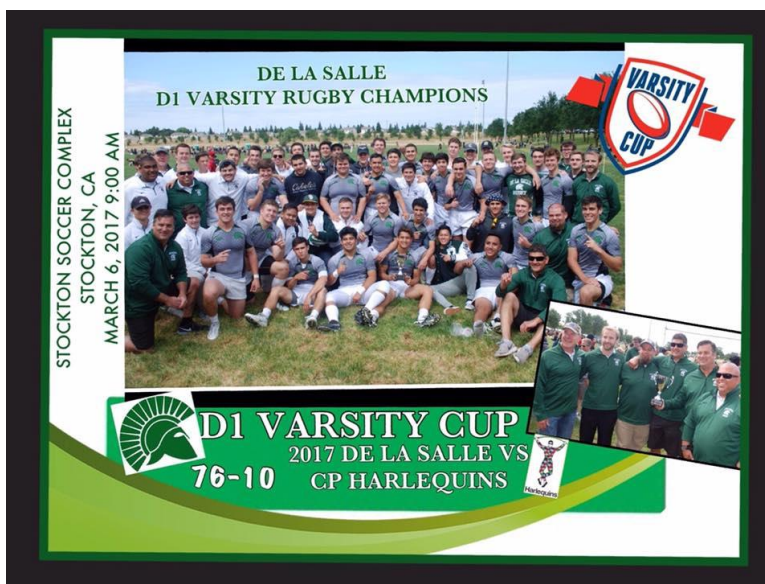




De La Salle Rugby



The De La Salle High School Rugby program was founded in 2003, and since then has produced many rugby players who have gone on to play for their Colleges as well as their Country. Coming off of their best season in the programs history, the DLS Rugby team is looking to defend their 2017 NorCal Division I Championship. If you have a love for contact, running the ball, scoring and representing your school at a high level of competition, then we would welcome you out on the pitch. We are looking for those athletes who work hard, have great attitudes, love to compete and most importantly, choose brother over self. See you on the pitch!

Off season Conditioning Saturday Mornings in January, 8:30-10:30 am. Regular practices after winter break!

Meet the Coaching Staff

Program Director: Ed Christiansen

Email: Christiansene@dlschs.org

Head Varsity Coach: Derek Holmberg

Email: holmbergd@dlschs.org

Varsity Backs Coach: Andrew Lowe

Varsity Forwards Coach: Ryan Luis

JV Forwards Coach: Vic Arvizu

JV Backs Coach: Steve Tomkovicz

This is Rugby: <https://www.youtube.com/watch?v=32Z9KUnlc1Q>

Faith. Integrity. Scholarship.

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