



De La Salle High School Athletic Summer Camps

These week-long sessions will run
June-August

Registration will open January 1st,
2018.

For more info contact
summercamps@dlshs.org or
925-288-8100 ext. 7090

De La Salle will offer the following sessions:

SPRING BREAK Basketball Camp – April 2nd -5th

Water Polo Camp - June 5-7

Advanced: 8-930am High School Varsity Experience
Intermediate: 930-11am High school (Non Varsity) or club
experience

QB and Wide Receiver Camp Sat. June 9–8:30 –12:00

Swimming – June 6-8

Swimming Technique Camps/Swimming Video Analysis

Session 1 – June 11 – June 14

De La Salle Basketball Camp – 8:30 – 12:30 M – TH
QB and Wide Receiver Camp Sat. June 16 –8:30 –12:00
Baseball – 8:30 – 12:30 M – TH
High School Strength and Conditioning –11:00 – 12:30 M –TH
Youth Strength and Conditioning –1:00 – 2:30 M –TH
Soccer – 8:30 – 12:30 M – TH
Water Polo- June 12-14
Swimming Technique/ Video Analysis- June 11-15

Session 2 – June 18 – June 21

Coach Lad's Championship Football Camp – 8:30 – 3:30 MON-THU
De La Salle Basketball Camp – 8:30 – 12:30 M – TH
Varsity football passing tournament – June 23rd
Water Polo- June 19-21
Swimming Technique/ Video Analysis- June 18-22

Session 3– June 25 – June 28

De La Salle Basketball Camp – 8:30 – 12:30 M – TH
Track and Field – 8:30 – 12:30 M – TH
Future Stars Premier Football Camp – 8:30 – 12:30 M – TH
Wrestling – 1:00 – 3:30 M – TH (At the CYC)
High School Strength and Conditioning –11:00 – 12:30 M –TH
Youth Strength and Conditioning –1:00 – 2:30 M –TH
Elite Lacrosse Camp – 9:00 – 2:00 M – TH
Water Polo- June 26-28
Swimming Technique/ Video Analysis- June 25-29

De La Salle High School will host athletic summer camps in
2018 to provide a fun, skill-building week for kids. Camps
appeal to local youth with a variety of athletic interests.

In addition to serving local athletes, the camps also
benefit De La Salle students by helping to raise funds for
The Bishop John S. Cummins Scholarship Program.

Camps are open to boys and girls
K – High School

Session 4 – July 9 – July 12

Volleyball – 1:30 – 5:30 M – TH
Baseball – 8:30 – 12:30 M – TH
De La Salle Basketball Camp – 8:30 – 12:30 M – TH
Water Polo- July 10-12
Swimming Technique/ Video Analysis- July 9-13

Session 5 – July 16 – July 19

De La Salle Basketball Camp – 8:30 – 12:30 M – TH
Water Polo- July 17-19
Elite Lacrosse Camp – 9:00 – 2:00 M – TH
Swimming Technique/ Video Analysis- July 16-19

Session 6 – July 23 – July 26

De La Salle Basketball Camp – 8:30 – 12:30 M – TH
Academy Soccer – 8:30 – 10:30 M – TH
Swimming Technique/ Video Analysis- July 23-27

Session 7 – July 30 – August 2

Water Polo Camp – 4:00 – 5:30 – 5th-8th grade
Swimming Technique/ Video Analysis- July 30-August 3

Session 8 – August 6 – August 9

Water Polo Camp – 4:00 – 5:30 – 5th-8th grade
Swimming Technique/ Video Analysis- August 6- 10

For more info, visit the camp web page at
www.dlshs.org (under the athletics tab) OR

check us out on social media!

Dates are subject to change

